

# 2025

### HOME OF THE CUBS



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https://nelliecarlson.epsb.ca/

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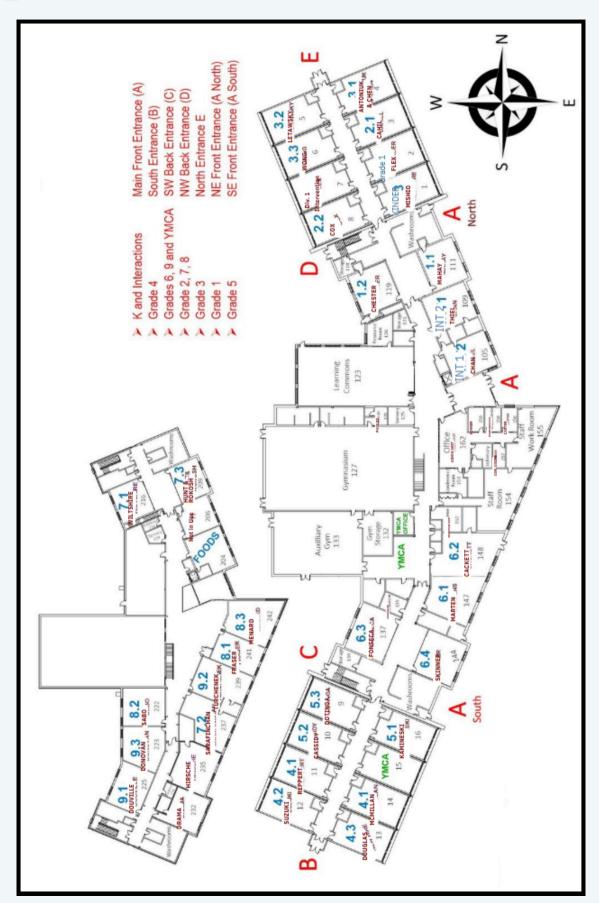


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## **N** School Map (2024/2025)



### Principal's Message



Welcome Nellie Carlson School, to Kindergarten through Grade learning community dedicated to fostering a positive. inclusive, and empowering environment for all students. Named in honor of the remarkable Nellie Carlson, a tireless advocate for the rights of First Nations, Métis, and Inuit women and children, our school continues to be inspired by her legacy of promoting equal access to education and championing social justice.

At Nellie Carlson School, we are committed to empowering each student to live a life of dignity, fulfillment, and possibility. We strive to create an environment where every child can discover their strengths, develop the skills to advocate for themselves and others, and build meaningful connections within their community. Our dedicated staff ensures that each student receives high quality instruction and opportunities to thrive, both academically and personally.

As a part of our community, your child will be supported in their educational journey with care, respect, and an emphasis on holistic growth. We invite you to explore all that Nellie Carlson School has to offer, and we look forward to partnering with you in shaping a bright future for your child.

Our dedicated staff is united in our commitment to fostering an environment of collaboration, equity, and opportunity for all students, staff, and families alike. We believe in the power of working together to ensure that every member of our community has the resources and support they need to succeed.

We approach the curriculum as a collective, with a shared focus on student engagement and a deep understanding of the importance of prioritizing curricular outcomes. Our goal is to provide students with a balanced learning experience that includes opportunities for enrichment, practice, and targeted intervention. By working as a team, we ensure that each student has the tools and guidance they need to reach their full potential and thrive in a supportive, inclusive environment.

At Nellie Carlson School, we are dedicated to creating a learning community where all students have the opportunity to succeed, and where every family is an integral part of the educational journey. Thank you for entrusting us with the honor of supporting your child's educational journey. We deeply value the partnership between our school and families, and we are excited to work together in fostering a community of learning that is built on respect, kindness, and a shared commitment to excellence.

At Nellie Carlson School, we strive to create an environment where every student is inspired to achieve their best, and where each family is welcomed and valued as an essential part of our learning community. We look forward to collaborating with you to nurture your child's growth, ensuring they thrive both academically and personally. Together, we will create a space where all students can flourish and succeed.



Letitia Carter

Education is the most powerful weapon which you can use to change the world.

-Nelson Mandela





Hello new families to Nellie Carlson,

Welcome to our amazing community of support, growth and learning. My name is Derek McIntyre and I am the proud Chair of the Nellie Carlson Parent Council. What's a parent council you say?

School councils are a vital part of the educational community, bringing together a diverse group of individuals including parents, principals, teachers, and community representatives. These councils work collaboratively to support and enhance student learning, providing a platform for community members to consult with and offer advice to principals and school boards.

The primary functions of school councils include acting as a bridge between the school and the community, focusing on the best interests of all students, considering the interests of all school stakeholders, developing and maintaining the school's culture, and representing the parent voice within the school community. School councils are mandated by the Education Act and are required for all public schools, including charter schools.

Parents play a crucial role in the success of school councils. They are given the opportunity to participate in decisions that impact student learning by contributing their knowledge, perspectives, and ideas during school council meetings. Parents can also engage through various methods established by the school council, such as participating in surveys, focus groups, committees, project teams, and volunteer activities. The majority of the school council must be composed of parents of students enrolled in the school, and councils may also include parents of children in Early Childhood Services (ECS) programs or other interested individuals.

To engage with your school council, you can contact me at ncchair@gmail.com . All parents with a student in the school are eligible to be members of the school council, and all school council meetings, activities and events are posted on SchoolZone.

Derek McIntyre



#### WHAT is the Nellie Carlson Fundraising Association (NCFA)?

(Our Mandate) The Nellie Carlson Fundraising Association's volunteer team is dedicated to raising and allocating funds to enhance learning and support the welfare of the Nellie Carlson community.

In a nut shell, we're the fun group of volunteer parents that like making money AND spending it all in the name of our kiddos!! Did I mention we're fun?!

The NCFA is a much needed volunteer association set up to raise money for essentials not provided for in the school's budget. Without the NCFA there wouldn't be as many resources available for students such as: Chrome books, library books, sports equipment, new student resources, music equipment, etc. (spending money is totally fun!)

#### Who runs the Nellie Carlson Fundraising Association?

We are a group of FUN volunteer parents that have a child or children attending Nellie Carlson from Grades K-9. The Executive Board consists of the President, Vice President, Treasurer and Secretary. Other positions consist of Communications Coordinator, Director at Large and members at large.

#### Why should I volunteer or attend the meetings?

The NCFA is a necessity but it's FUN and we NEED parent engagement and volunteers to run effectively. Without attendance, engagement and volunteers, it is very difficult to do more than the bare minimum.

The more parents that participate, the better decisions we can make for the school and our students as a whole. Plus more volunteers = more FUN!

There's a great sense of community and accomplishment knowing you helped out in a very important FUN way!

More "fun whys" as if you really needed any more:

YOU may have experience with other organizations that have held a successful fundraiser(s) and can share your knowledge!

YOU may have a skill that would assist the NCFA be better and more effective.

For ALL these reasons (plus we just like YOU) are why the NCFA needs you to volunteer and attend meetings!

#### How can I get involved?

Please contact the President at nelliecarlsonfundraising@gmail.com to ask further questions or to volunteer!!

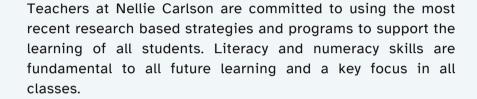
To learn when the next meetings are, please log into School Zone or visit our website at NellieCarlsonFundraising.com
Or find and follow us on Facebook: nellie carlson fundraising association.

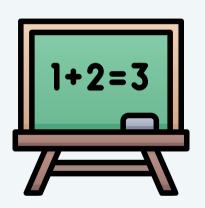
### About Our School

### **About Our School**

Opened in September 2016
Kindergarten to Grade 9
Approximately 812 students
Regular Program
Interactions Program - 2 classes
Gifted and Talented Programming

#### Our Literacy and Numeracy Focus





All students will need extra time and support at various times in their learning. At Nellie Carlson School, this support is built into the practices and schedule of the school. All students have access to increased learning time to ensure they learn the skills and knowledge necessary to ensure they are ready for the next level of learning.

The ultimate goal of our literacy and numeracy programs at Nellie Carlson School is always to develop life-long, passionate learners and thoughtful problem solvers.

## Community Partner Nellie Carlson YMCA Child Care

#### **Hours:**

Monday-Friday | 7am-6pm (before and after school, all day on nonschool days including summer break)

Closed: Statutory Holidays & Easter Monday

There is a YMCA Child Care right on site for students at our school! Children who attend YMCA Child Care are curious about learning, excited about being active and learn how to be leaders in their community. In Kindercare, your child will continue to explore kindergarten topics, practicing their skills while being supported in every aspect of their development. After sitting in school all day, your child will have lots of opportunity to play outside and participate in active games. Exciting and engaging full-day summer programs run throughout July and August for children going into grades 1 to 7.

To learn more about the YMCA Child Care experience, please contact childcare@ymcanab.ca

or the coordinator

Kyoko.yano@ymcanab.ca

## **N** Elementary Bell Schedule

| Elementary (K-6)   | Times             |  |
|--------------------|-------------------|--|
| Entry Bell         | 8:18AM            |  |
| Classes            | 8:25AM - 10:25AM  |  |
| AM Recess          | 10:25AM - 10:40AM |  |
| Classes            | 10:40AM - 12:10PM |  |
| Lunch              | 12:10PM - 12:55PM |  |
| Classes            | 12:55PM - 2:00PM  |  |
| PM Recess          | 2:00PM - 2:15PM   |  |
| Classes            | 2:15PM - 3:15PM   |  |
| Dismissal          | 3:15PM            |  |
| Thursday Dismissal | 2:10PM            |  |





### Jr. High Bell Schedule

| Jr. High (7 - 9) | Times             | Thursday Schedule |                   |
|------------------|-------------------|-------------------|-------------------|
| Entry Bell       | 8:18AM            | Entry Bell        | 8:18AM            |
| Block 1          | 8:30AM - 9:20AM   | Block 1           | 8:30AM - 9:09AM   |
| Block 2          | 9:22AM - 10:17AM  | Block 2           | 9:11AM - 9:53AM   |
| Nutrition Break  | 10:17AM - 10:22AM | Nutrition Break   | 9:53AM - 9:58AM   |
| Block 3          | 10:22AM - 11:18AM | Block 3           | 9:58AM - 10:42AM  |
| Block 4          | 11:20AM - 12:14PM | Block 4           | 10:44AM - 11:28AM |
| Lunch            | 12:14PM - 12:59PM | Block 5           | 11:30AM - 12:14PM |
| Block 5          | 1:08PM - 2:10PM   | Lunch             | 12:14PM - 12:59PM |
| Block 6          | 2:10PM - 3:15PM   | Homeroom Reading  | 1:08PM - 1:24PM   |
|                  |                   | Block 6           | 1:26PM - 2:10PM   |
|                  |                   |                   |                   |



Kindergarten is a wonderful way for your child to discover what school is like and to have fun while learning new things. Your child will interact, imagine, experiment, and explore to add to their knowledge, learn new skills, and practise what they've learned.

#### **English Language Arts and Literature**

Your child will learn to

- develop listening and speaking skills by sharing ideas, stories, and poems
- recognize and write some letters and words
- share understandings of people, places, or things that are real or imaginary
- express ideas and information creatively
- •contribute to discussions by asking questions and speaking in sentences that contain complete ideas
- copy words to become familiar with how words are spelled

#### **Mathematics**

Your child will learn to

- count and represent quantities within 10
- recognize 2-D and 3-D shapes in the environment
- compare objects by length, area, mass, and capacity
- order a sequence of events according to time

#### Science

Your child will learn to

- explore properties using the five senses
- examine movement of objects, humans, and other animals
- examine components of environments
- · protect the environment by reducing waste, recycling, and reusing
- explore the purpose of instructions

#### **Social Studies**

Children explore who they are and how they fit into the world. Your child will become aware of their own uniqueness-their gifts, talents, and interests-and discover the connections they have with others. They will develop a strong sense of identity, self-esteem, and belonging as they share their gifts with others, express interest in others, and interact sensitively and responsibly.



#### **Physical Education & Wellness**

Your child will learn to

- · take part in physical activities that bring enjoyment
- use spatial awareness to move safely during various physical activities
- support their social-emotional well-being through healthy relationships
- explore a variety of foods that help their body grow
- communicate personal boundaries through words and actions
- explore the value of Canadian coins and bills



### Jr. High Options

#### Leadership

LEADERSHIP fosters decision-making, communication, and organizational skills that allow students to organize student life, plan events, and take part in various communities (school, neighborhood, and world). The objective of this course is to focus on the principles of leadership, encouraging students to explore areas of personal interest including computer skills, marketing, business, photography, goal setting, event planning and advertising.

#### **Foods**

FOODS is designed to give students experience in food preparation, as well as an introduction to kitchen safety, food safety, nutritional labeling and food groups. Students will learn safe and sanitary food handling procedures, equipment care, recipe comprehension, and efficient work habits. Working cooperatively in teams, students will participate in a variety of cooking and baking projects.

#### Visual Arts/ Art

VISUAL ARTS/ART focuses on many forms of creative expression throughout the semester, such as drawing, sculpting and painting. We use a variety of mediums to create feeling and meaning in our work. Students also spend time exploring the work of different artists to learn from their techniques and styles. Nellie Carlson students are encouraged to take risks and explore their creative side in their work and through a variety of Art challenges.

#### **Sports Performance**

SPORTS PERFORMANCE combines activity with nutrition, personal goal setting, and creating habits for a healthy lifestyle. Students learn proper techniques and exercises using free weights and resistance machines in our fitness room. Students explore a variety of fitness activities, which may include yoga, rock climbing, cycling and more! Students receive coaching from a certified professional to help customize a plan to reach their individual fitness goals.

### Jr. High Options

#### **Drama**

DRAMA The goal of Drama is for students to have the opportunity to perform and showcase their creativity. Performance and analysis will stem through the following units: Movement, Speech, Improvisation, Technical Theatre, and Theatre. Students may have the opportunity to see (a) play(s), and put on performances and showcases of their own.

#### **Career & Technology Foundations**

CAREER AND TECHNOLOGY FOUNDATIONS is all about exploring personal interests, passions and skills, and connecting students to career possibilities. Students will take part in a variety of class and individual projects, tailored to their personal interests. These projects will challenge students to plan, create, appraise and communicate real-world solutions to practical problems. The projects will cover a range of topics and engage students in STEM activities, requiring creative and critical thinking.

#### **Outdoor Education**

OUTDOOR EDUCATION provides an opportunity for combining practical skills for the outdoors, like tying knots and ropes for climbing and learning how to make a fire, with fun hands-on experiences like rock climbing and campfire cooking! Students also create and participate in cooperative games and activities to develop their leadership and group-work skills. Due to the nature of this class, students need to dress accordingly and be prepared for outdoor learning. Field trips are essential to the course curriculum and participants are expected to take part.

#### **Fashion Studies**

FASHION STUDIES provides students a chance to create using a variety of materials and fabrics. Students to learn the safe and practical use of sewing and pressing tools and equipment, and basic sewing machine care and operation. Students will be working with patterns, pinning, cutting, marking, creating seams and seam finishes, hand sewing techniques, and working with yarn or wool.

### Extracurricular Activities

Clubs

Chess Club

Coding Club

**AMA Patrols** 

Scrabble Club

**Engineering Club** 

Science Olympics

Diversity, Equity, & Inclusion Club

Dance Club

Choir

Handbells

**Special Activities** 

Bear Den Activities

Skiing and Snowboarding

Outdoor Ed. Day Trips

School Dances

Field Trips

**Guest Speakers** 

Carnaval Festival

Read in Week

Assemblies

**Indigenous Day** 

Student Leadership

#### **Athletics**

**Outdoor Soccer** 

**Cross Country** 

Running Club

Flag Football

Volleyball



### Supporting Student Success

## Targeted Intervention & Support

Nellie Carlson School is committed to high levels of learning for all. Throughout the week, teachers and students engage in intervention sessions to address academic needs. These sessions focus on providing additional time and support or offer enrichment opportunities to promote student success. Designed by teachers with a "by the student, by the skill" approach, interventions are tailored to meet each learner's unique needs and are delivered in various formats. Student progress is monitored regularly to ensure timely and effective support.

#### **SchoolZone**

SchoolZone provides online access to school and classroom news, homework assignments, attendance records, and various educational resources and apps that your student will use for learning. Additionally, users can report school absences and view electronic versions of interim and progress reports, district events, and timetables. By accessing the site, parents have timely access to information and can be more actively involved in their child's academic success. Students and parents will be issued a SchoolZone account once the child is registered in an Edmonton Public School.

#### Specialized Learning Supports

Our Division is committed to an inclusive education system based on the belief that all children can learn and reach their full potential given opportunity, effective teaching and appropriate resources. The Specialized Learning Supports decision unit supports the success of all learners by working in collaboration with schools to identify, develop and share universal, targeted and/or specialized strategies and supports through multidisciplinary consultant groups called school-linked teams

### Supporting Student Success

# Mental Health & Growth Mindset

Focusing on mental health and fostering a growth mindset is essential for developing well-rounded, resilient students. By prioritizing mental well-being, Nellie Carlson creates a safe, supportive environment where students feel valued and understood, reducing stress and anxiety that can hinder learning. Teaching a growth mindset encourages students to embrace challenges, view mistakes as learning opportunities, and persevere through setbacks. These skills not only enhance academic achievement but also build lifelong habits of self-awareness, empathy, and a positive attitude toward personal growth and success.

#### Student Health

Capital Health works together with schools and community agencies to provide a range of coordinated health and support services for school children and their families. Our common goal is to build on the health and education potential of all students. Services include: vision, hearing or dental screening, follow-up of medical conditions, immunizations, speech and language services, rehabilitation services and emotional/behavioural support. If you have any concerns about your child's health, please talk to the principal or contact your school's health nurse @ 780-342-6805 (Rutherford Public Health Centre).

#### Follow Us Online



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#### **NELLIE CARLSON SCHOOL**

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